

**Abstract 695**

**TITLE:** Implementation of an HIV Prevention Program for HIV Positive MSM

**AUTHORS:** Lemke, A., MSW, Barland, K., MA (HIV AIDS Project Development and Evaluation Unit, Positive Power project, Seattle, WA)

**ISSUE:** HIV prevention programs are primarily focused on high-risk populations who are HIV negative. Other than pre and post-test counseling, little has been done to develop and implement a behaviorally based HIV prevention intervention that specifically targets those who already know that they are HIV positive.

**SETTING:** This program is located in a gay neighborhood in Seattle, Washington, and targets high-risk HIV+ MSM.

**PROJECT:** In an effort to reduce the spread of HIV, the intervention using stage of change and relapse prevention theory is implemented through educational workshops that address issues that HIV positive MSM have identified as being relevant to their lives and impact their ability to engage in safer sex behavior. The workshops teach concrete skills to identify triggers for unsafe sex and ways to incorporate new strategies in becoming sexually safer. Some of the issues that are addressed in the workshops are: defining 'healthy sex', disclosure of HIV status to sex partners, triggers to unsafe sex, increasing social skills, learning assertive communication skills and establishing boundaries with sexual partners.

**RESULTS:** One hundred and nineteen men have participated in the program, of who 60.0% have reported engaging in one or more occurrences of (UAI) in the past two months outside a primary relationship.

**LESSONS LEARNED:** Programs can be designed to effectively reach HIV+ SMS who engage in high-risk sexual behavior.

**PRESENTER CONTACT INFORMATION**

**Name:** Keith Barland

**Address:** 1802 Bellevue Ave.  
Seattle, WA 98122

**Telephone:** (206) 685-4230

**Fax:** (206) 616-5818

**E-mail:** [kbarland@u.washington.edu](mailto:kbarland@u.washington.edu)